



Goal for Goal Soccer Camps – Day Camp Curriculum 2016

Day 1 – All campers will travel through 5 skill centers and 5 assessment centers during this day and day 2. Coaches will teach the skills of: passing-receiving, shooting, heading, dribbling and goalkeeping during the skills centers.

An assessment will also be given during these circuits in: shooting, tight dribbling, long distance dribbling, juggling and passing. An evaluation sheet will be available at the end of camp.

Day 2 – Skills Circuits (continued) – Campers complete the remaining skills and assessment centers coached by our camp staff. Every camper will experience the different personalities and philosophies of each camp coach as they travel through these centers!

Day 3 – Campers return to their original coaches for this day. This day includes small sided games that compliment different skills that have been learned in the skills circuit. Games include 1 v. 1, 2 v. 1 and 2 v. 2 defending and attacking situations. Staff will continue to focus on technique.

Day 4 – Campers return for a day of possession games and shooting games to polish their skills. Staff will focus on fun activities that teach technique.

Day 5 – Campers stay with their original assigned coach. This day includes a culmination world cup tournament to conclude our camp. The tournament will usually be a 2 v 2 or 3 v 3 or 4 v 4 small sided game within each group supervised by the campers coach. Camp awards start at 11:30 a.m.

“We Make Soccer Players”